

Name _____
Date _____ Period _____



Lesson 1 / Booster Lesson 1 Optional Handout:

TEST YOUR DRUG I.Q. - HOW MUCH DO YOU KNOW ABOUT ALCOHOL, NICOTINE, AND MARIJUANA?

Check the correct answer to each question. If you think more than one answer is correct, check all that apply.

1. Some people become dependent on marijuana or alcohol as a way to feel good or to escape their problems.
☐ True ☐ False
2. Nicotine, found in vape fluids and cigarettes, is a highly addictive drug, which means the body becomes physically dependent on it very quickly.
☐ True ☐ False
3. It's more dangerous to drive when you're drunk than when you're high on drugs.
☐ True ☐ False
4. Teenagers who smoke often have "smoker's breath" and yellow teeth.
☐ True ☐ False
5. If someone offers you marijuana and you don't want it, a good response is to
☐ a. say, "No, thanks."
☐ b. make a scene and put him or her down for smoking marijuana.
☐ c. say, "I don't like what it does to me."
☐ d. say, "Thanks a lot," and take a hit.
6. People who vape typically don't start smoking regular cigarettes.
☐ True ☐ False
7. Losing control when you are drunk or high means you may do something you wouldn't do if you were not high.
☐ True ☐ False
8. Of everyone who has lung cancer, over 85% got it from smoking.
☐ True ☐ False

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9. Alcohol can be deadly. If you drink enough alcohol at one time, it can kill you.
- ☐ True ☐ False
10. Smoking just one cigarette a week can cause coughing, wheezing and excessive phlegm production.
- ☐ True ☐ False
11. Almost any drug, if used for a long time, causes physical or mental dependency.
- ☐ True ☐ False
12. It is legal to sell vapes to any teenager.
- ☐ True ☐ False
13. Marijuana damages your lungs.
- ☐ True ☐ False
14. Heavy and chronic drinking can harm every organ and system in the body.
- ☐ True ☐ False
15. Vaping nicotine relaxes you even when you've never tried it before.
- ☐ True ☐ False
16. The main reason most teenagers continue to vape once they start is
- ☐ a. they think it makes them look cool.
- ☐ b. they like spending so much money on vapes each week.
- ☐ c. they like having gum inflammation and swelling.
- ☐ d. they are addicted.
17. Having a bad "high" on marijuana means you might feel anxious, scared, uptight, or even terrified.
- ☐ True ☐ False
18. Advertisers try to make you believe that drinking alcohol will
- ☐ a. make you more popular.
- ☐ b. make you throw up.
- ☐ c. make you look glamorous, sexy, or macho.
- ☐ d. get you addicted.
- ☐ e. make you have a car crash.

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19. More than four in five smokers want to quit. With a good “stop smoking” program, 20% to 40% of the participants are able to quit and stay quit for at least one year.
- ☐ True ☐ False
20. Marijuana smoke contains some of the same cancer causing and toxic substances as tobacco, sometimes in higher concentration.
- ☐ True ☐ False
21. Marijuana is being cultivated to contain much higher THC content than it has when it grows in the wild. THC content is often as high as 20%.
- ☐ True ☐ False
22. If a parent or other family member is an alcoholic, you are much more likely to become an alcoholic.
- ☐ True ☐ False
23. People who smoke for many years are likely to develop
- ☐ a. bronchitis.
- ☐ b. lung cancer.
- ☐ c. heart disease.
- ☐ d. cancer of the mouth, larynx, esophagus, or bladder.
24. Because marijuana is a “natural” substance, it is a safe alternative to drugs.
- ☐ True ☐ False
25. Teenagers start vaping because of
- ☐ a. pressure from peers.
- ☐ b. pressure from ads, sponsorships and promotions.
- ☐ c. pressure from themselves.
- ☐ d. curiosity.
26. Teenagers drink because
- ☐ a. their parents drink.
- ☐ b. they think it’s less harmful than other drugs.
- ☐ c. advertising makes it tempting.
- ☐ d. they want to rebel.