

Name _____

Date _____ Period ____



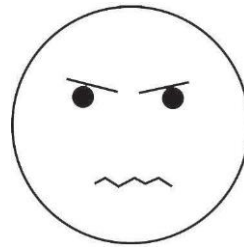
Lonely, sad, depressed

If a person feels lonely, sad, or depressed, instead of drinking they can:

1.

2.

3.



Angry

If a person feels angry, instead of drinking they can:

1.

2.

3.



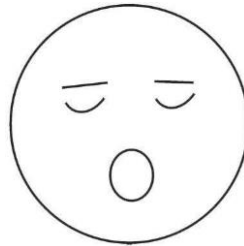
Insecure, shy, nervous

If a person feels shy, insecure, or nervous, instead of drinking they can:

1.

2.

3.



Bored

If a person feels bored, instead of drinking they can:

1.

2.

3.