

1. A can of beer = a glass of wine = a shot of liquor = a mixed drink. All have about the same amount of alcohol.



2. Alcohol can be poisonous and deadly. Coma and death can occur if alcohol is consumed rapidly and in large amounts (for example, four or more drinks in less than two hours).



3. Coffee and cold showers do not make you sober. Only time makes you sober. In general, it takes approximately one hour for one standard drink (5 ounces of wine, 1.5 ounces of liquor, 12 ounces of beer) to be processed by the liver.





4. When alcohol wears off, uncomfortable feelings and problems are still there.



5. Drinking and driving don't mix. Even one drink can affect your ability to drive safely.



6. If a parent is an alcoholic, the child might become one, too. Family members are at higher risk for alcoholism.





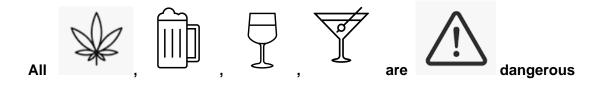
7. Alcohol can be addicting.



8. Alcohol can affect your judgment. You might do something you will regret later.



9. Alcohol is as dangerous as marijuana.





## 10. Alcohol can make you pass out.



11. If a pregnant woman drinks, her unborn baby is drinking, too.



12. One out of every ten drinkers in the U.S. will become an alcoholic.



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